



Afternoon Activity Sessions

Introduction

All students attend Afternoon Activity Sessions after lunch, four days per week. Each class lasts 2.5 hours, with a 15-minute break in the middle. You can choose which subjects you want to study when you complete the online registration process; most options last for one week, but a few last for 2 weeks. Some of the Afternoon Activity Sessions are limited to certain age ranges in certain weeks – this is for Health & Safety reasons.

Please note that some Afternoon Activity Sessions cost an additional fee.

Available Afternoon Activity Sessions

	Weeks (availability by age range)					
	1	2	3	4	5	6
Art & Design	All	All	All	All	All	All
Basketball	12-14	15-17	9-11	12-14	15-17	9-11
Cambridge CAE	All (2 weeks)			All (2 weeks)		
Cambridge FCE	All (2 weeks)			All (2 weeks)		
Dance			All			All
Drama			All			All
Film Studies	All			All		
Food Technology		All	All		All	All
Football	9-11	12-14	15-17	9-11	12-14	15-17
Golf	All		All	All		All
Health & Fitness	12-14	9-11	15-17	12-14	9-11	15-17
Horse Riding	All	All	All	All	All	All
IELTS	All (2 weeks)			All (2 weeks)		
International Games	12-14	15-17	9-11	12-14	15-17	9-11
History	All	All	All	All	All	All
Music		All	All		All	All
Outdoor Adventure Activities	All	All		All	All	
Photography		All			All	
Pool Sports	15-17	12-14		15-17	12-14	
SCUBA			All			All
Tennis	15-17	9-11	12-14	15-17	9-11	12-14

Health & Safety

We take the health and safety of our staff and students very seriously. All staff leading their activities are appropriately qualified, fully trained and have reviewed Risk Assessments detailing the necessary safety measures to be taken. When necessary, students are grouped together according to age and/or physical size.

Facilities

Our campus is fully equipped with modern sports and activities facilities, as well as numerous multi-purpose indoor and outdoor spaces:

- The Ambulacrum is the central focal point of the College and is used for Arts & Crafts, board games and other indoor activities.
- The Butler Hall is a large sports hall that can be used for a variety of ball sports. This also houses our gymnasium.
- The Douay Hall is a staged performance hall that we use for performing arts and communal events such as discos.
- The Cricket Pitch is a large grassy area immediately north of the College which we use for cricket and other games requiring a lot of outdoor space.
- The Front Lawn is a sloped grassy area in front of the College that has a 7-a-side football pitch, volleyball courts and space for other ball games.
- The Astro Turf area is a full-size, multipurpose football pitch, and next to it are the Tennis Courts.
- Our Music Department has a comprehensive selection of musical instruments and musical technology that students can use.
- The Swimming Pool is used for activity sessions such as swimming, water volleyball, SCUBA Diving and pool parties.
- The King Room is a large multi-purpose room for activities such as bingo and yoga.
- We have a well-stocked Library for quiet reading, and IT rooms for using the internet.

Activities Periods

On normal school days, students have academic lessons in the morning, an Afternoon Activity Session after lunch, then the Sports and Social Programme before and after dinner.

Sundays

Sundays are special days when the students participate in whole-school activities such as sports days and 'capture the flag'. These are fun opportunities for all students and staff to be together.

Additional Information

Should you have any questions, or require additional information about this subject, please contact us direct via email at summer@stedmundscollege.org, or phone on +44 (0)1920 824 348.